



Writer's Guide to Character Traits

By Dr. Linda Edelstein

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From Sex to Schizophrenia: Everything You Need to Develop Your Characters!

What makes a person commit a white-collar crime? Who is a likely candidate to join a cult? Why do children have imaginary friends? How does birth order affect whether or not a person gets married? When does mind over matter become a crippling problem?

Writer's Guide to Character Traits, 2nd edition answers all of these questions and many others. With more than 400 easy-to-reference lists of traits blended from a variety of behaviors and influences, you'll gain the knowledge you need to create distinctive characters whose personalities correspond to their thoughts and actions - no matter how normal or psychotic they might be. In this updated and expanded edition, you'll also find:

- Comprehensive instruction on how to use this book
- New statistical information to help you create true-to-life characters
- Corresponding exercises that show you how to put the material to work in your stories
- A quick-reference index to make cross-referencing a snap
- Idea sparkers to get your thoughts out of your head and onto the page

Plus, you'll learn about common - and not so common - psychological, physical, and relationship disorders; delve into the minds of criminals; find out what it takes to be a professional athlete, scientist, and truck driver; discover what life is like for a gang member, suicidal teen, and alcoholic; and more.

In *Writer's Guide to Character Traits, 2nd edition*, note psychologist and author **Dr. Linda Edelstein** takes you beyond generic personality types and into the depths of the human psyche where you're sure to find the resources you need to make your characters stand out from the crowd.

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Editorial Review

About the Author

As a practicing psychologist, Dr. Linda Edelstein specialises in the development of professional identity, creative adaption and grief. She is also an associate professor at The Chicago School of Professional Psychology and frequently presents at national conferences and workshops.

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