



# Fundamentals of Psychiatry

By Allan Tasman, Wanda K. Mohr

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Allan Tasman, Professor of Psychiatry and Behavioral Sciences, University of Louisville School of Medicine, has teamed up with Wanda Mohr, Professor, Psychiatric Mental Health Nursing, University of Medicine and Dentistry of New Jersey, to produce a user-friendly textbook for Psychiatry Residents.

Drawing on material from the acclaimed *Psychiatry 3e*, this book features high quality material, selected on a need-to-know basis, with an emphasis on uniformity, evenness, and accessibility, all within a multi-disciplinary framework.

- Highly suitable for course development and as augmented reading assignments
- Accessible to readers from junior to senior Residents; a good primer on which to focus initially, with pointers to further reading
- Informed by an integrative perspective and a multi-disciplinary approach
- Features sound clinical advice throughout, illustrated with case vignettes
- The sort of book a trainee can dip into easily to access clear knowledge, when one needs relevant information quickly

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## Editorial Review

### Review

"Overall the handbook is a well written, engaging, comprehensive review of the current literature on the efficacy of various interventions for alcohol and other illicit drug use disorders. It could become a useful guide for physicians and other health care professionals looking for scientific evidence for relevant interventions, as well as for researchers to better understand where their future studies need to focus on." (*Asian Journal of Psychiatry*, 2013)

"Distilling the vast amount of psychiatric information into a foundational text is no easy task, yet the authors have masterfully accomplished it, providing a book that will be of great value to those interested in mental health." (*Doody's*, 2011)

### From the Back Cover

Effective care of complex mental health problems requires teamwork and a shared vision, but standard textbooks overlook the importance of multidisciplinary cooperation. To provide the specific information trainees need for proper patient care, Allan Tasman and Wanda Mohr combined their expertise from Psychiatry and Psychiatric Nursing to create *Fundamentals of Psychiatry*, a pioneering work that takes a distinctive integrative and multidisciplinary approach to psychiatry.

They have rewritten the essential information from the main chapters of *Psychiatry, Third Edition*, (edited by Tasman, Kay, Lieberman, First, and Maj) to produce a thorough but compact first textbook for those in training in mental health or for practitioners interested in a compact clinical reference. The intent was not to be exhaustive or comprehensive, but to distill the content to a "need to know" form.

This book is a complete reference for DSM IV-TR disorders. It includes screening and assessment measures, differential diagnosis, necessary laboratory tests for diagnosis and treatment, the major treatment modalities (including psychopharmacotherapeutics), and special issues practitioners may face in treating patients with each disorder, including consultation and referral. It also provides information on therapeutic relationships, professional relationships, diagnostic methods, psychiatric emergencies, cultural and ethical/legal issues.

The nature of psychiatric disorders is such that understanding the person who has the illness, with all their pre-existing personal strengths and weaknesses, is essential to optimal understanding of the patient and for implementing a treatment plan. The authors take an integrative approach to patient care that acknowledges the complexity and uniqueness of the whole person within his or her contexts, making use of many means of understanding them. This philosophical approach affirms the collaborative relationship between patients, their families, and caregivers from different disciplines.

Within their unique multidisciplinary framework, the authors present an extremely well-written guide that:

- features sound clinical advice throughout, reflecting current thinking without overwhelming the reader with references and data
- presents clinical vignettes that illustrate common situations
- is especially suitable for course development and as augmented reading assignments
- is accessible to readers from junior to senior trainees.

This careful condensation of the massive psychiatric knowledge base is as engaging as it is user-friendly. Mental health professionals in training and in practice can turn to *Fundamentals of Psychiatry* with confidence in not only the quality of the material, but also the relevance to actual patient care.

Also of Interest

Tasman, Kay, Lieberman, First and Maj, *Psychiatry, Third Edition*, ISBN 9780470065716

About the Author

**Allan Tasman** is Past President of the American Psychiatric Association and immediate Past-President of the Pacific Rim College of Psychiatrists. He is a world-renowned psychiatric leader and educator and is Secretary for Education of the World Psychiatric Association, responsible for all of the association's worldwide education programmes and initiatives. He has great experience in writing textbooks, numerous journal articles, book chapters, reports, and articles for the popular press.

**Wanda K. Mohr** is a certified clinical nurse specialist in child/adolescent psychiatric nursing, and a Fellow in the American Academy of Nursing. She holds a masters degree in behavioral sciences and a PhD in psychiatric nursing. She has almost 40 years of practice and teaching psychiatric nursing. In addition to the breadth and depth of clinical and academic expertise, she is a professor in a major University School of Nursing and an adjunct clinical associate professor of child psychiatry at the Robert Wood Johnson Medical School.

## Users Review

**From reader reviews:**

**Traci Farris:**

Precisely why? Because this Fundamentals of Psychiatry is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will jolt you with the secret it inside. Reading this book alongside it was fantastic author who else write the book in such incredible way makes the content within easier to understand, entertaining way but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This book will give you a lot of rewards than the other book have such as help improving your proficiency and your critical thinking way. So , still want to hesitate having that book? If I have been you I will go to the book store hurriedly.

**Rose Miller:**

Reading can called head hangout, why? Because when you are reading a book mainly book entitled Fundamentals of Psychiatry your mind will drift away trough every dimension, wandering in each aspect that

maybe unfamiliar for but surely might be your mind friends. Imaging every word written in a publication then become one web form conclusion and explanation that maybe you never get just before. The Fundamentals of Psychiatry giving you a different experience more than blown away your brain but also giving you useful info for your better life with this era. So now let us present to you the relaxing pattern here is your body and mind are going to be pleased when you are finished looking at it, like winning a. Do you want to try this extraordinary investing spare time activity?

#### **Elsie Wallace:**

In this time globalization it is important to someone to get information. The information will make anyone to understand the condition of the world. The fitness of the world makes the information better to share. You can find a lot of sources to get information example: internet, paper, book, and soon. You can observe that now, a lot of publisher in which print many kinds of book. The particular book that recommended for you is Fundamentals of Psychiatry this publication consist a lot of the information of the condition of this world now. This book was represented how does the world has grown up. The vocabulary styles that writer use for explain it is easy to understand. The particular writer made some study when he makes this book. That is why this book ideal all of you.

#### **Shirley Drago:**

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