



# Basic Psychic Development: A User's Guide to Auras, Chakras & Clairvoyance

By John Friedlander, Gloria Hemsher

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## Basic Psychic Development: A User's Guide to Auras, Chakras & Clairvoyance By John Friedlander, Gloria Hemsher

Unlock your psychic ability with this powerful easy-to-use guide to energy awareness. *Basic Psychic Development* offers step-by-step exercises that explain how to understand and use auras, chakras, and clairvoyance to make the invisible world visible.

Based on the work of Lewis Bostwick, founder of the Berkeley Psychic Institute, *Basic Psychic Development* encourages an open, playful approach to experiencing the energies.

*Basic Psychic Development* shows how to:

- Read auras
- Use intuition to develop clairvoyance
- Overcome blocks and boundary issues
- Develop meditation and breathing exercises
- Give chakra therapy

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### Editorial Review

#### Amazon.com Review

Based heavily on the work of Lewis Bostwick, founder of the Berkeley Psychic Institute, *Basic Psychic Development* is a complete learning system for would-be psychics. Rather than closing oneself to outside energies, Friedlander's system encourages an open, playful approach to experiencing the energies around us with new tools like auras, chakras, and clairvoyance. While the premise of *Basic Psychic Development* is to advance awareness, understanding, and control over one's psychic abilities, the ultimate goal is individuation--owning one's identity--something more valuable than any psychic ability. --*Brian Patterson*

#### Review

"*Basic Psychic Development* is both engaging and informative and offers the newcomer to Psychic Energy a clear explanation of our spiritual anatomy as well as a workable plan for awakening Higher Awareness. I recommend it for anyone who is serious about using all of his or her potential to live a creative and meaningful life." -**Sonia Choquette, PhD**, intuitive and spiritual teacher, author of *The Psychic Pathway, Your Heart's Desire* and *The Wise Child*

#### About the Author

John Friedlander graduated from Duke University and Harvard Law School, and studied with Lewis Bostwick at the Berkley Psychic Institute in California. He is a popular speaker and seminar leader in psychic awareness. John and his wife currently live in Saline, MI.

Gloria Hemsher studied yoga and meditation and lived for several years in one of Swami Muktananda's ashrams. She lives in Cincinnati, OH, with her husband and two children. Visit her at: [www.psychicdevelopment.com](http://www.psychicdevelopment.com).

### Users Review

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