



Unwell: a novel

By Leslie Lipton

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This is an important read for anyone dealing with an eating disorder: the individual, the family or friends. Ms. Lipton conveys a touching portrayal of the struggles involved with trying to overcome this illness.-Cynthia R. Pegler, MD, Adolescent Medicine Specialist" A riveting and sensitive journey into the world of a teenage girl plagued by Anorexia Nervosa. A detailed, realistic account of the internal struggles and conflicts that exist in the mind of someone with an eating disorder. An important book to read for anyone dealing with a loved one with anorexia."-Jane Karp, MD Psychiatrist" Lipton's 'Unwell' is extremely well written and invites the reader into the candid journey of an eating disordered girl and her thoughts. This is a valuable read for parents as they try to understand this complicated illness from the inside out."-Lynn Grefe CEO, National Eating Disorders Association

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Editorial Review

About the Author

Leslie Lipton, a native New Yorker, attends Barnard College and volunteers at the ASPCA. She plans to be a clinical psychologist. Unwell is her first novel.

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