



The Professional Counselor: A Process Guide to Helping (4th Edition)

By Harold L. Hackney, Sherry Cormier, Harold Hackney, Sherilyn Cormier

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This text presents the counseling skills, interventions, and stages of counseling for the beginning counselor and the counseling student who is entering the experiential phase of training. In this Fourth Edition, the authors have maintained the basic organization of the text, beginning with an overview of the stages of counseling, specific goals and interventions for each stage, chapters on affective, behavioral, cognitive and systemic interventions, and termination. The text provides a conceptual structure for viewing the counseling process and then examines each part of that structure in-depth, addressing necessary counseling skills.

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Editorial Review

From the Back Cover

The new edition of this popular text gives the counseling student and beginning counselor the skills, interventions and strategies needed to develop a conceptual orientation, plan therapy, and assess its effectiveness.

Highlights of the 5th edition:

- **Skill summary tables** help the reader identify specific interventions that are used to work with affective, cognitive, behavioral, and systemic agendas.
- Chapter 12 has been completely revised to include three important counselor functions: **Crisis intervention, Consultation, and Peer Supervision.**
 - Introduces **strategies for responding to counseling crises** in school or community settings. Stages of crisis intervention, established skills and interventions that respond to crisis, and planning for post-crisis support are included.
 - Introduces **strategies for planning consultation activities** in the school or agency and for ways to organize effective peer supervision activities during and after training. Students are prepared to continue their growth beyond the formal training process.
 - Provides **structure for establishing peer supervision** relationships for the advanced- or post-graduate counselor, including stages of peer supervision development, skills and interventions appropriate to peer supervision, and client-support.

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Users Review

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Sally Oneal:

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