



The 7 Habits of Highly Effective People Personal Workbook

By Stephen R. Covey

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The 7 Habits of Highly Effective People Personal Workbook By Stephen R. Covey

The essential companion workbook to the international bestseller *The 7 Habits of Highly Effective People*.

Stephen Covey's *The 7 Habits of Highly Effective People* took the self-help market by storm in 1990 and has enjoyed phenomenal sales ever since. The integrated, principle-centered 7 Habits philosophy has helped readers find solutions to their personal and professional problems and achieve a life characterized by fairness, integrity, honesty, and dignity. Covey's tried and true step-by-step approach is explored even more fully in this workbook, which leads readers through the 7 Habits and shows them how to put these ideas into action everyday.

With the same clarity and assurance that Covey's readers have come to know and love, the workbook helps readers further understand, appreciate, and internalize the power of the 7 Habits. These engaging, in-depth exercises allow readers—both devotees and newcomers—to get their hands dirty as they develop a philosophy for success, set personal goals, and improve their relationships. The overwhelming success of Stephen R. Covey's principle-centered philosophy is a testament to the millions who have benefited from his lessons, and now, with *The 7 Habits of Highly Effective People Personal Workbook*, they can further explore and understand this tried-and-true approach.

This reference offers solutions to both personal and professional problems by promoting and teaching fairness, integrity, honesty, and dignity. An engaging companion to a bestselling classic, *The 7 Habits of Highly Effective People Personal Workbook* will help readers set goals, improve relationships, and create a path to life effectiveness.

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The 7 Habits of Highly Effective People Personal Workbook By Stephen R. Covey Bibliography

- Sales Rank: #122023 in eBooks
- Published on: 2004-03-29
- Released on: 2004-03-29
- Format: Kindle eBook



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Editorial Review

Review

This book is packed with practical advice and inspiration for anyone who has a yearning to build a better world." (David Bornstein, author of *How to Change the World* and columnist for the *New York Times*)

"[Be a Changemaker] is a book that forces readers to not only think realistically but also to think big." (Booklist)

"Socially aware teens are not content to sit idly by and watch the world fail to solve problems. They want to be out there helping and reshaping the world. Savvy librarians will match this book with those teens and get them jumpstarted on their path." (VOYA)

"From discovering potential causes and passions to creating business plans, soliciting donations, and being aware of legal and financial pitfalls, Thompson offers thorough, encouraging advice for the next generation of activists. (Publishers Weekly)

"There's no time when we most want to change the world than in our youth years. Laurie Ann Thompson speaks clearly to young people who want to make a difference in their surroundings, doing their part to make the world a better place. Thompson explains that no matter how small a good idea may seem, it may be just a tiny seed for something that will grow and affect other people's lives in a positive way." (Ana Calabresi, Librarian)

About the Author

Recognized as one of *Time* magazine's twenty-five most influential Americans, Stephen R. Covey (1932–2012) was an internationally respected leadership authority, family expert, teacher, organizational consultant, and author. His books have sold more than twenty-five million copies in thirty-eight languages, and *The 7 Habits of Highly Effective People* was named the #1 Most Influential Business Book of the Twentieth Century. After receiving an MBA from Harvard and a doctorate degree from Brigham Young University, he became the cofounder and vice chairman of FranklinCovey, a leading global training firm.

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