



How to Write a Memoir in 30 Days: Step-by-Step Instructions for Creating and Publishing Your Personal Story

By Roberta PHD Temes

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A quick, fun and easy guide to writing a personal memoir in just one month! Step-by-step techniques, culled from writers' workshops taught by the author, are presented in a welcoming, non-intimidating style.

Everyone has a story to tell. If you've ever thought of sharing yours but don't know where to begin, *How to Write a Memoir in 30 Days* gives you the perfect framework. Step-by-step techniques, culled from writers' workshops taught by the author, are presented in a series of fun writing exercises, including: · crafting your three-sentence memoir · identifying an incident that changed your life · creating stirring scenes You'll figure out the major themes of your life, mine your memory for dramatic incidents, stitch your assignments (and diary entries, blog posts, and other writings) together into a compelling plot, and polish your prose into believable dialogue and exciting action. The book also includes quick "clear communication" lessons about spelling and grammar, plus information and advice about different publishing paths. Simply follow the daily directions and in just one month you will have a memoir ready to submit for publishing. Whether you're a seasoned writer or a novice, dream of hitting the bestseller lists or just want to pass a little wisdom on to your grandkids, *How to Write a Memoir in 30 Days* is a fun, easy guide to writing the Next Great Memoir—yours.

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Editorial Review

Review

Singing to a Bulldog would never have been written if it weren't for Dr. Robert Temes's book How to Write a Memoir in 30 Days. For years, people have been saying to me that I should write a book about my life; and for even longer, I have wanted to share with the world Willie Turner's lessons and the profound effect he had on who I became as an individual, giving me the tools for a full-bodied life. I always thought, "Someday, when I have more time, I'll write that book." Then a friend gave me a copy of Dr. Temes's book and I was inspired to start immediately. It not only gave me a detailed, step-by-step guide to write my first memoir, but also the confidence that I could do it successfully. I encourage you to make the time to tell your story.

(Anson Williams)

About the Author

Roberta Temes, PhD, teaches memoir-writing classes in New York, New Jersey, and Florida, as well as online at www.memoirclassonline.com. An experienced psychotherapist, Dr. Roberta helps people access emotional memories, process powerful feelings, and make sense out of their past. Over the years, she's taught hundreds how to transfer those feelings from the mind to the page. She is the author of many nonfiction books, including *The Complete Idiot's Guide to Hypnosis*, *The Tapping Cure*, and the prize-winning *Living With an Empty Chair*.

Users Review

From reader reviews:

Edward Tuttle:

Hey guys, do you wishes to finds a new book to study? May be the book with the title How to Write a Memoir in 30 Days: Step-by-Step Instructions for Creating and Publishing Your Personal Story suitable to you? The actual book was written by famous writer in this era. The actual book untitled How to Write a Memoir in 30 Days: Step-by-Step Instructions for Creating and Publishing Your Personal Storyis the main of several books which everyone read now. This particular book was inspired a lot of people in the world. When you read this book you will enter the new way of measuring that you ever know previous to. The author explained their idea in the simple way, so all of people can easily to understand the core of this publication. This book will give you a lots of information about this world now. So you can see the represented of the world in this particular book.

Candy Dixon:

Reading a e-book tends to be new life style with this era globalization. With looking at you can get a lot of information that could give you benefit in your life. Using book everyone in this world can share their idea. Publications can also inspire a lot of people. A lot of author can inspire their reader with their story or maybe their experience. Not only the storyline that share in the textbooks. But also they write about advantage about something that you need example. How to get the good score toefl, or how to teach your kids, there are many kinds of book that you can get now. The authors nowadays always try to improve their skill in writing, they also doing some investigation before they write to the book. One of them is this How to Write a Memoir in

30 Days: Step-by-Step Instructions for Creating and Publishing Your Personal Story.

Mikel Davis:

Playing with family inside a park, coming to see the water world or hanging out with friends is thing that usually you might have done when you have spare time, in that case why you don't try factor that really opposite from that. One activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love How to Write a Memoir in 30 Days: Step-by-Step Instructions for Creating and Publishing Your Personal Story, it is possible to enjoy both. It is good combination right, you still would like to miss it? What kind of hang type is it? Oh can occur its mind hangout men. What? Still don't obtain it, oh come on its called reading friends.

Dona Henry:

Many people spending their time frame by playing outside having friends, fun activity using family or just watching TV all day every day. You can have new activity to invest your whole day by reading a book. Ugh, do you consider reading a book can definitely hard because you have to take the book everywhere? It ok you can have the e-book, delivering everywhere you want in your Cell phone. Like How to Write a Memoir in 30 Days: Step-by-Step Instructions for Creating and Publishing Your Personal Story which is finding the e-book version. So , why not try out this book? Let's notice.

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