



Cognitive-Behavioral Management of Tic Disorders

By Kieron O'Connor

[Download now](#)

[Read Online](#) 

Cognitive-Behavioral Management of Tic Disorders By Kieron O'Connor

Tics affect more than 10% of the population, and can be an unpleasant and disruptive problem. They include chronic tic disorder, Tourette's syndrome and habit disorders such as hair pulling, nail biting and scratching. Treatment is either by medication (without convincing evidence) or psychological means. Before the introduction of habit reversal psychologists had no real alternatives to offer, and even this method lacks evidence for its efficacy and is not widely used. Illustrated throughout with case study examples and containing detailed guidelines for patient and therapist on the use of CBT, this book provides a comprehensive review of what is known about the occurrence and diagnosis of tics. Kieron O'Connor explores the various theories currently available to explain the causes and progression of these disorders, and discusses the assessment and treatment options available. Finally he takes the most widely accepted psychological therapy - cognitive behaviour therapy - and applies it for the first time to the treatment of tics.

 [Download Cognitive-Behavioral Management of Tic Disorders ...pdf](#)

 [Read Online Cognitive-Behavioral Management of Tic Disorders ...pdf](#)

Cognitive-Behavioral Management of Tic Disorders

By Kieron O'Connor

Cognitive-Behavioral Management of Tic Disorders By Kieron O'Connor

Tics affect more than 10% of the population, and can be an unpleasant and disruptive problem. They include chronic tic disorder, Tourette's syndrome and habit disorders such as hair pulling, nail biting and scratching. Treatment is either by medication (without convincing evidence) or psychological means. Before the introduction of habit reversal psychologists had no real alternatives to offer, and even this method lacks evidence for its efficacy and is not widely used. Illustrated throughout with case study examples and containing detailed guidelines for patient and therapist on the use of CBT, this book provides a comprehensive review of what is known about the occurrence and diagnosis of tics. Kieron O'Connor explores the various theories currently available to explain the causes and progression of these disorders, and discusses the assessment and treatment options available. Finally he takes the most widely accepted psychological therapy ? cognitive behaviour therapy - and applies it for the first time to the treatment of tics.

Cognitive-Behavioral Management of Tic Disorders By Kieron O'Connor Bibliography

- Sales Rank: #2767202 in Books
- Published on: 2005-05-27
- Original language: English
- Number of items: 1
- Dimensions: 9.50" h x .78" w x 6.70" l, 1.34 pounds
- Binding: Paperback
- 324 pages



[Download Cognitive-Behavioral Management of Tic Disorders ...pdf](#)



[Read Online Cognitive-Behavioral Management of Tic Disorders ...pdf](#)

Download and Read Free Online Cognitive-Behavioral Management of Tic Disorders By Kieron O'Connor

Editorial Review

From the Back Cover

Tics can be very distressing and severely disabling for sufferers. *Cognitive-Behavioral Management of Tic Disorders* uses cognitive behavioral approaches and related psychoeducational and psychophysiological methods to aid management of tics in people with Gilles de la Tourette's syndrome and chronic tic disorder.

Kieron O'Connor undertakes a review of relevant literature and research in this area, and presents a cognitive psychophysiological model of tics, together with an outline of empirical studies testing the model. A comprehensive and original treatment program for use in tic management is included, with case studies and appendices to illustrate the approach. The program focuses on preventing tic onset and addresses wider aspects of the person's functioning. Both client and therapist manuals are provided.

Cognitive-Behavioral Management of Tic Disorders provides a much needed, effective reference for the psychological treatment of tic and habit disorders. It will be a valuable resource for clinical psychologists, cognitive-behavioral therapists, psychiatrists and other mental health professionals.

About the Author

Kieron O'Connor began his research career working as a research officer at the Medical Research Council (UK) Clinical Psychiatry Unit at Graylingwell Hospital, Chichester, Sussex. In 1979, he was awarded a Master of Philosophy (MPhil) by thesis in experimental psychology from the University of London. He completed the British Psychology Society clinical diploma training course in 1986, and transferred to the University College, Institute of Laryngology and Otology, working partly as a research lecturer, investigating psychological aspects of vertigo and dizziness, and also as a clinical psychologist at Bloomsbury Health Authority.

In 1988, he was awarded the first of a series of fellowships by the Fonds de la recherche en Santé du Québec, and established a clinical research program at the Fernand-Seguin Research Center, Louis-H. Lafontaine Hospital, University of Montreal, Canada. The multidisciplinary research program, which focuses on obsessive-compulsive disorder (OCD), Tourette and tic disorder and delusional disorder, is currently funded by the Canadian Institutes of Health Research. He is actively involved in several community-based initiatives to provide support and information to people with OCD and Tourette's syndrome and their families, and is scientific advisor to the Quebec OCD Foundation.

He is currently associate research professor at the Psychiatry Department of University of Montreal, and also holds an honorary cross appointment as associate professor in the department of Psychology, University of Quebec at Montreal. He is author or co-author on over 1000 scientific publications. He is also co-authored with Frederick Aardema and Marie-Claude Pélissier of *Beyond Reasonable Doubt: Reasoning Processes in ODC Disorder and Related Disorders*, published in 2005 by Wiley.

Users Review

From reader reviews:

Peter Schmidt:

Do you have favorite book? When you have, what is your favorite's book? Publication is very important thing for us to learn everything in the world. Each reserve has different aim or goal; it means that reserve has different type. Some people really feel enjoy to spend their a chance to read a book. These are reading whatever they consider because their hobby is usually reading a book. Why not the person who don't like looking at a book? Sometime, man feel need book after they found difficult problem or exercise. Well, probably you'll have this Cognitive-Behavioral Management of Tic Disorders.

Carlos Garcia:

The book Cognitive-Behavioral Management of Tic Disorders can give more knowledge and also the precise product information about everything you want. Why must we leave a very important thing like a book Cognitive-Behavioral Management of Tic Disorders? A number of you have a different opinion about guide. But one aim in which book can give many facts for us. It is absolutely proper. Right now, try to closer together with your book. Knowledge or details that you take for that, you can give for each other; it is possible to share all of these. Book Cognitive-Behavioral Management of Tic Disorders has simple shape but you know: it has great and massive function for you. You can search the enormous world by available and read a e-book. So it is very wonderful.

Curt Stewart:

Reading a book to be new life style in this year; every people loves to go through a book. When you go through a book you can get a wide range of benefit. When you read guides, you can improve your knowledge, due to the fact book has a lot of information onto it. The information that you will get depend on what sorts of book that you have read. If you want to get information about your examine, you can read education books, but if you act like you want to entertain yourself you can read a fiction books, such us novel, comics, and soon. The Cognitive-Behavioral Management of Tic Disorders provide you with new experience in studying a book.

Marilynn Johnson:

Beside this kind of Cognitive-Behavioral Management of Tic Disorders in your phone, it can give you a way to get closer to the new knowledge or info. The information and the knowledge you will got here is fresh from your oven so don't possibly be worry if you feel like an older people live in narrow village. It is good thing to have Cognitive-Behavioral Management of Tic Disorders because this book offers to you readable information. Do you sometimes have book but you seldom get what it's all about. Oh come on, that will happen if you have this within your hand. The Enjoyable option here cannot be questionable, similar to treasuring beautiful island. Use you still want to miss the item? Find this book in addition to read it from now!

Download and Read Online Cognitive-Behavioral Management of Tic Disorders By Kieron O'Connor #BTAJDH8KSNF

Read Cognitive-Behavioral Management of Tic Disorders By Kieron O'Connor for online ebook

Cognitive-Behavioral Management of Tic Disorders By Kieron O'Connor Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Cognitive-Behavioral Management of Tic Disorders By Kieron O'Connor books to read online.

Online Cognitive-Behavioral Management of Tic Disorders By Kieron O'Connor ebook PDF download

Cognitive-Behavioral Management of Tic Disorders By Kieron O'Connor Doc

Cognitive-Behavioral Management of Tic Disorders By Kieron O'Connor MobiPocket

Cognitive-Behavioral Management of Tic Disorders By Kieron O'Connor EPub

BT AJDH8KSNF: Cognitive-Behavioral Management of Tic Disorders By Kieron O'Connor