



Writing Your Life: Putting Your Past on Paper

By Lou W., PhD Stanek

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We all have stories to tell -- of a rapturous first kiss, a life-altering moment of choice, or the shocking revelation of a long-guarded secret. And these stories are often as distinctive, fascinating, exciting and entertaining as those found in the memoirs and autobiographies that currently top the nation's bestseller lists. We just need to know how to tell them best.

Veteran, writing teacher, lecturer, and author of *So You Want to Write a Novel*, Lou Willett Stanek can help you translate your joys and ordeals, thoughts and triumphs into superbly crafted nonfiction -- taking you step-by-step through the writing process with care, encouragement, and expert advice. She shows you how to unlock your memories, create settings and scenes, portray major characters and dramatic events. And she offers the key to finding your own unique voice, and to presenting your greatest character -- *yourself* -- without boring your reader or sounding egotistical.

Complete with invaluable exercises, nuts-and-bolts techniques, and motivational tools, *Writing Your Life* is indispensable for every aspiring writer who wishes to mine the rich lode of his or her past for all the gems hidden there.

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