



# Seeking Jordan: How I Learned the Truth about Death and the Invisible Universe

*By Matthew McKay Ph.D.*

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If you have lost someone you deeply love, or have become strongly aware of your mortality, it's hard to avoid wondering about life after death, the existence of God, notions of heaven and hell, and why we are here in the first place. The murder of Matthew McKay's son, Jordan, sent him on a journey in search of ways to communicate with his son despite fears and uncertainty. Here he recounts his efforts — including past-life and between-lives hypnotic regressions, a technique called induced after-death communication, channeled writing, and more.

McKay, a psychologist and researcher, ultimately learned how to reach his son. In this book he provides extraordinary revelations — direct from Jordan — about the soul's life after death, how karma works, why we incarnate, why there is so much pain in the world, the single force that connects us, and our future as souls. Unlike many books about after-death communication, near-death experiences, and past-life memories, this is a book for those who do not believe yet yearn to know what happens after death. In addition to being riveting reading, Seeking Jordan is a unique heart-, soul-, and mind-stirring reflection on the issues each of us will ultimately face.

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**Seeking Jordan: How I Learned the Truth about Death and the Invisible Universe** By Matthew McKay Ph.D. **Bibliography**

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### Editorial Review

#### Review

“One of the most courageous books I’ve ever read, *Seeking Jordan* carries the message that the love between souls is immortal, eternal, and transcends this physical realm. If ever there was a message that humanity needed to hear, this is it.”

— **Peter Smith**, president of The Michael Newton Institute

“In *Seeking Jordan*, Matthew McKay takes us on a heart-wrenching and challenging journey into his efforts to reconnect with Jordan. His personal odyssey — full of self-doubt, vulnerability, and fearlessness — is one we all must face, a journey of love: love lost and love reclaimed....This book is an enormous gift of hope and liberation that reminds us once more that death is not the end but a new beginning.”

— **John P. Forsyth, PhD**, coauthor of *Your Life on Purpose* and *The Mindfulness & Acceptance Workbook for Anxiety*

“Healing runs deep into our soul and helps us stay connected to love that knows no boundaries or separation. Matthew McKay has shared his healing in the face of great loss. We are all better off for the transformative gift that is this poignant and powerful book.”

— **Marilyn Schlitz, PhD**, author of *Death Makes Life Possible*

“Once I started reading Dr. McKay’s book, I couldn’t put it down. His story takes the reader on a fascinating journey that begins with his unimaginable suffering over the loss of a son and ends with his profound insights into the ultimate nature of reality and an associated sense of peace and comfort.”

— **Dr. Allan Botkin**, clinical psychologist and author of *Induced After Death Communication*

“This book is a precious gift for anyone reading it with both an open mind and an open heart. It has changed my life because it has changed my perspective on death — and it can change yours too, if you open up to the possibilities of the revelations it contains. Matthew McKay writes with extraordinary candor and, fortunately for the reader, without concern of what his ‘hard-core,’ materialistically focused science colleagues might think of him.”

— **Georg Eifert, PhD**, Chapman University Professor Emeritus of Psychology

“A priceless primer on after-death communication, *Seeking Jordan* is a precious gift for those dealing with the loss of a loved one. Having communicated with thousands of souls across the veil, I recognize the words of Matthew and Jordan McKay as truth.”

— **Suzanne Giesemann**, author of *Messages of Hope* and *Wolf’s Message*

“I don’t care how many other books you’ve read on this subject; *Seeking Jordan* will change the way you think about keeping an open dialog with those who are on the other side of the veil.”

— **Attune Magazine**

#### About the Author

**Matthew McKay** is a clinical psychologist and a professor at the Wright Institute in Berkeley, California.

He cofounded Haight Ashbury Psychological Services in San Francisco in 1979 and served as its clinical director for twenty-five years. Currently he serves as the director of the Berkeley Cognitive Behavior Therapy Clinic. Books he has coauthored on professional and self-help psychology have sold more than 3 million copies.

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