



# Health Education: Elementary and Middle School Applications

*By Susan K Telljohann, Cynthia W. Symons, Beth Pateman*

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Health Education: Elementary and Middle School Applications is designed to give a broad introduction to the different components of the school health program. Emphasis is placed on teaching elementary health with a secondary emphasis on health science. This practical approach to teaching elementary health is particularly well suited for the elementary education major and will benefit students in health education, school nurse specialists, and community health educators.

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About the Author

Department of Health & Human Performance

Cynthia Symons is a Professor of Health Education in the Department of Adult Counseling, Health and Vocational Education at Kent State University. She received her D.Ed. and M.Ed. in Health Education from The Pennsylvania State University. She received a B.S. degree from Lock Haven Univeristy. She has a Permanent Teaching Certificate for the Commonwealth of Pennsylvania (Grades K-12) and is a Certified Health Education Specialist. In addition she is certified by the National Commission for Health Education Credentialing, Inc. Dr. Symons received the Distinguished Service Award from the American School Health Association in 1994 and has received numerous other teaching awards. She has taught health and physical education at grades 7-12 as well as most recently teaching at the college level. In addition to publishing in refereed journals, she wrote "Children's Literature for Health Awareness" published by Scarecrow Press in 1992.

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