



# Essential Psychopathology & Its Treatment (Fourth Edition)

*By Mark D. Kilgus Ph.D., Jerrold S. Maxmen MD, Nicholas G. Ward MD*

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## **Editorial Review**

### **Review**

“[U]seful for both novice and expert clinicians . . . . Many of the chapters include vignettes about the different disorders. This is useful because it helps readers better understand what happens when a condition occurs. This is an excellent book that thoroughly covers the history and purpose of the DSM. I highly recommend it.” (The Milton H. Erickson Foundation Newsletter)

“The book offers new evidence without throwing away what is already known ? the authors kept what works and added new discoveries. They place clinical information in historical context so that newer clinicians can understand how the field has evolved, and create a kind of reference manual, perhaps especially helpful for psychology students who don’t yet know all the terms. . . . Those who are just beginning in the field will appreciate the clinical cases and how decisions are made in treatment. . . . [A] good general reference on the different disorders and modalities of treatment, and those looking for updated information on the ICD-10 and the DSM-5 will find it a valuable resource.” (PsychCentral)

“[A] useful text for students and educators who wish to gain an overview of the epidemiology, clinical course, diagnosis and treatment of mental disorders, or to simply have as an on-hand reference guide for studying or in clinical practice.” (Somatic Psychotherapy Today)

### **About the Author**

Mark D. Kilgus, MD, PhD, is chairman and medical director of the Department of Psychiatry at the Carilion Clinic. He lives in Roanoke, Virginia.

Jerrold S. Maxmen, MD, was associate professor of clinical psychiatry at Columbia University's College of Physicians and Surgeons until his death in 1992.

Nicholas G. Ward, MD, was professor of psychiatry and behavioral sciences at the University of Washington School of Medicine. He died in 2008.

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