



## Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent

By Lois Ruskai Melina

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In this completely revised and updated edition of *Raising Adopted Children*, Lois Melina, editor of *Adopted Child* newsletter and the mother of two children by adoption, draws on the latest research in psychology, sociology, and medicine to guide parents through all stages of their child's development. Melina addresses the pressing adoption issues of today, such as open adoption, international adoption, and transracial adoption, and answers parents' most frequently asked questions, such as:

- How will my child "bond" or form attachments to me?
- When and how should I tell my child that he was adopted?
- What should schools be told about my child?
- Will adoption make adolescent upheavals more complicated?

Up-to-date, sensitive, and clear, *Raising Adopted Children* is the definitive resource for all adoptive parents and concerned professionals.

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### Editorial Review

#### Amazon.com Review

"Some people may describe adoption as *difficult*; others simply describe it as *different*. I am inclined to think of it as complex," writes Lois Ruskai Melina in the updated, revised *Raising Adopted Children: Practical, Reassuring Advice for Every Adoptive Parent*.

Adoption practices have evolved considerably since this book's first publication in 1986, and the new version of the "Dr. Spock for adoptive parents" reflects the latest theories. Drawing on the findings and practices of pediatricians, social workers, scientists, and adoptive parents, *Raising Adopted Children* is carefully and thoroughly researched. Chapters on open adoption, international adoption, and transracial adoption are combined with advice on bonding and attachment, breast-feeding an adoptive infant (possible but complicated), dealing with schools, privacy issues, adopting a child with disabilities, adopting as a single parent, and the challenges of adolescence. While Melina's many years of professional and personal experience shape her advice, she remains very evenhanded. For example, she's a strong proponent of the "early telling" theory of adoption (being open about the adoption with the child from the beginning), but she also clearly presents other points of view, and, throughout the book, encourages parents to make decisions that feel right for them.

The text includes specific suggestions for explaining a child's birth circumstances, including common misconceptions, and a valuable discussion about whether adoptees are at greater risk for behavior problems or learning disabilities. She also provides suggestions for setting rules for contact with biological parents, easing grief, and acknowledging a child's history. A completely annotated list of selected references and resources rounds out this superior guide. --*Ericka Lutz*

#### From Library Journal

In this comprehensive exploration of adoption issues (bonding and attachment, family adjustment, contact with biological relatives, etc.), the authoran adoptive parent and the editor of Adopted Child newsletteraims for a wide audience: parents, adoptees, and related professionals. Unfortunately, instead of including personal experiences, she takes a plodding though informative textbook approach that combines practical advice (making "Life books") with controversial suggestions (using "Toughlove" for discipline). Still, this is a helpful parenting guide that complements Edmund Blair Bolles's *The Penguin Adoption Handbook* ( LJ 4/15/84) and Lois Gilman's *The Adoption Resource Book* ( LJ 3/1/85). Janice Arenofsky, formerly with Arizona State Lib., Phoenix

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#### From the Back Cover

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## **Users Review**

### **From reader reviews:**

#### **Willie Letchworth:**

As people who live in typically the modest era should be upgrade about what going on or info even knowledge to make these individuals keep up with the era which is always change and move ahead. Some of you maybe may update themselves by reading through books. It is a good choice for yourself but the problems coming to a person is you don't know what type you should start with. This Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent is our recommendation to make you keep up with the world. Why, since this book serves what you want and wish in this era.

#### **Patrick Pierce:**

Exactly why? Because this Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent is an unordinary book that the inside of the e-book waiting for you to snap the item but latter it will surprise you with the secret that inside. Reading this book beside it was fantastic author who write the book in such wonderful way makes the content interior easier to understand, entertaining method but still convey the meaning fully. So , it is good for you for not hesitating having this ever again or you going to regret it. This book will give you a lot of positive aspects than the other book have such as help improving your skill and your critical thinking approach. So , still want to delay having that book? If I have been you I will go to the guide store hurriedly.

#### **Lauren Robinson:**

Are you kind of stressful person, only have 10 or even 15 minute in your day time to upgrading your mind expertise or thinking skill possibly analytical thinking? Then you have problem with the book in comparison with can satisfy your small amount of time to read it because all of this time you only find publication that need more time to be examine. Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent can be your answer given it can be read by an individual who have those short free time problems.

#### **Bruno Reed:**

That publication can make you to feel relax. This particular book Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent was vibrant and of course has pictures around. As we know that book Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent has many kinds or type. Start from kids until teenagers. For example Naruto or

Investigator Conan you can read and think that you are the character on there. Therefore not at all of book are usually make you bored, any it makes you feel happy, fun and unwind. Try to choose the best book to suit your needs and try to like reading that will.

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