



Small Plates and Sweet Treats: My Family's Journey to Gluten-Free Cooking, from the Creator of Cannelle et Vanille

By Aran Goyoaga

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Trained pastry chef, blogger, and mother of two Aran Goyoaga turned to gluten-free cooking when she and her children were diagnosed with gluten intolerance. Combining the flavors of her childhood in Bilbao, Spain, with unique artistry and the informal elegance of small-plate dining, Aran has sacrificed nothing.

Dishes range from soups and salads to savory tarts and stews to her signature desserts. With delicate, flavorful, and naturally gluten-free recipes arranged by season, and the author's gorgeously sun-filled food photography throughout, SMALL PLATES AND SWEET TREATS will bring the magic of Aran's home to yours.

Fans of Cannelle et Vanille, those with gluten allergies, and cookbook enthusiasts looking for something new and special will all be attracted to this breathtaking book.

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Editorial Review

Review

"Beautifully styled and photographed treatise on all things gluten-free."?Gwyneth Paltrow, on *GOOP*

"A charmer from start to finish. Aran Goyoaga, the creator of *Cannelle et Vanille*, is such a talented photographer that her pictures make you dream. Her food is gluten-free, a tremendous plus for anyone with a wheat tolerance, but a treat for everyone who wants to serve full-flavored beautiful food every day."?Dorie Greenspan

"Aran Goyoaga (and her blog, *Cannelle et Vanille*) has elevated gluten-free cooking to an art form -- all while feeding a family of four."?Daily Candy

"Regardless of whether you're eating gluten-free or not, this is a cookbook worth picking up. The gloriously bright photos and her focus on seasonal eating and "small plates" make this an attractive book that's bound to inspire you to eat better and well."?Epicurious

"The home-cooked meals on Aran Goyoaga's *Cannelle et Vanille* are so elegant, it might take you a while to realize everything is also gluten-free."?West Elm blog

"Aran Goyoaga, the face behind the food blog *Cannelle et Vanille*, whips up seductive breakfast dishes that just happen to be gluten-free."?Whole Living magazine

"Don't be thrown by the gluten-free reference. No need to conjure images of deprivation. Goyoaga does gluten-free gorgeously."?Palm Beach Post

"Blogger and pastry chef Aran Goyoaga is the master of gluten-free cooking."?Sweet Paul Magazine

"Small plates and space to mingle are hallmarks of blogger Aran Goyoaga, who seamlessly makes the old world new again (and gluten free) in the sunny warmth of Florida"?Martha Stewart's Everyday Food

"Aran's unique sensibility rings clear throughout this book, from her heartfelt, attractive cooking to her beautifully styled photography. Lovely all the way around."?Heidi Swanson

"Aran makes beautiful food that is meant to be shared with family and friends. That it is all gluten-free is a boon for people like me, but this is food for everyone. Peruse the pages of Small Plates and Sweet Treats and you will fall in love with this book."?Shauna James Ahern. author of *Gluten-free Girl*

"With its mesmerizing and enticing photography, it will be hard for anyone to resist opening *Small Plates and Sweet Treats* daily for culinary inspiration."?The Latin Kitchen

"Beautiful and filled with recipes that are gorgeous, delicious, and fitting for the season, this is a go-to book for finding baked goodies to make."?Jaymi Heimbuch, *Mother Nature Network*

About the Author

Author Aran Goyoaga's popular blog *Cannelle et Vanille* has garnered her recognition from some of the food world's most influential websites and personalities, including Martha Stewart, the *New York Times*, and Gwyneth Paltrow's newsletter GOOP. A MBA and Culinary School graduate and full-time food writer, stylist, photographer and mother of two, Aran has a passion for great ingredients and a table full of friends and family.

Users Review

From reader reviews:

Edna Kopec:

Book is usually written, printed, or highlighted for everything. You can learn everything you want by a guide. Book has a different type. We all know that that book is important thing to bring us around the world. Beside that you can your reading proficiency was fluently. A book *Small Plates and Sweet Treats: My Family's Journey to Gluten-Free Cooking*, from the Creator of *Cannelle et Vanille* will make you to become smarter. You can feel far more confidence if you can know about anything. But some of you think that open or reading a book make you bored. It is not necessarily make you fun. Why they might be thought like that? Have you seeking best book or appropriate book with you?

Steven Zakrzewski:

In this 21st century, people become competitive in most way. By being competitive at this point, people have do something to make them survives, being in the middle of typically the crowded place and notice through surrounding. One thing that sometimes many people have underestimated that for a while is reading. Yep, by reading a reserve your ability to survive boost then having chance to stay than other is high. In your case who want to start reading some sort of book, we give you that *Small Plates and Sweet Treats: My Family's Journey to Gluten-Free Cooking*, from the Creator of *Cannelle et Vanille* book as beginning and daily reading book. Why, because this book is more than just a book.

Johnnie McCormick:

Nowadays reading books become more than want or need but also work as a life style. This reading routine give you lot of advantages. Associate programs you got of course the knowledge the actual information inside the book which improve your knowledge and information. The details you get based on what kind of e-book you read, if you want have more knowledge just go with education and learning books but if you want experience happy read one having theme for entertaining for instance comic or novel. The actual *Small Plates and Sweet Treats: My Family's Journey to Gluten-Free Cooking*, from the Creator of *Cannelle et Vanille* is kind of reserve which is giving the reader erratic experience.

Mac Cutter:

Playing with family in a very park, coming to see the water world or hanging out with good friends is thing that usually you might have done when you have spare time, then why you don't try factor that really opposite from that. One particular activity that make you not feeling tired but still relaxing, trilling like on

roller coaster you are ride on and with addition associated with. Even you love Small Plates and Sweet Treats: My Family's Journey to Gluten-Free Cooking, from the Creator of Cannelle et Vanille, you may enjoy both. It is good combination right, you still need to miss it? What kind of hangout type is it? Oh can occur its mind hangout guys. What? Still don't have it, oh come on its referred to as reading friends.

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