



# Clinical Mental Health Counseling in Community and Agency Settings, 3rd Edition (The Merrill Counseling Series)

*By Samuel T. Gladding, Deborah W. Newsome*

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With expanded content and an emphasis on Council for Accreditation of Counseling and Related Programs (CACREP) standards, this user-friendly yet scholarly text again provides comprehensive coverage of all aspects of community counseling.

- Examines the many roles and functions community counselors perform, the variety of settings in which their work is done, and how that work differs from one client population to another.
- Emerging issues and trends in the field are given appropriate attention
- First-person narratives throughout the text explore specific challenges and opportunities associated with particular areas of expertise.

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## **Editorial Review**

From the Publisher

Well-written and user-friendly, this scholarly introduction to community counseling provides a thorough presentation of all aspects of community/agency counseling--in a readable, accessible format that highlights the common experiences and unique aspects of being a counselor in a community setting.

From the Back Cover

The third edition of this user-friendly yet scholarly text has been thoroughly updated to address the recently revised Council for Accreditation of Counseling and Related Programs (CACREP) standards, and provides comprehensive coverage of all aspects of clinical mental health counseling. After an insightful introduction to the foundation of the discipline, the authors examine the many roles and functions clinical mental health counselors perform, the variety of settings in which they work, and how that work differs from one client population to another. Emerging issues and trends in the field are thoroughly explained and explored. First-person narratives throughout the text illustrate specific challenges and opportunities associated with particular areas of expertise. All of this gives students a real-world look into their future profession.

## **UNIQUE FEATURES**

- **The 2009 CACREP Standards for Clinical Mental Health Counselors are introduced**, helping students understand the expectations of their future employers and clients.
- **Case studies** encourage readers think about ways to apply chapter content and see how it is applied in the field.
- **Information on counseling men and women** provides new material on issues that counselors need to consider regarding gender differences.
- **Coverage of holistic approaches to counseling** gives increased attention to the biopsychosocial model, spirituality, mindfulness, and wellness models.
- **Updated material regarding clinical mental health counseling settings**, including career counseling settings, employee assistance programs, hospitals, VA settings, and other community and agency settings, gives readers a practical vision for their future career options.

## **What reviewers have to say about this text:**

“The key strengths of this text are its organization, its inclusion of material relevant to the practice of counseling in multiple contexts, and its coverage of self-care issues. Numerous examples as well as exercises contribute much to students’ potential understanding of key concepts.”

--*Stephen R. Wester, University of Wisconsin-Milwaukee*

“This text is very practical and clinically relevant for the beginning counseling student. I am especially glad to see sections devoted to assessment and a brief review of these as this is an area that counselors need to be well-versed in and proficient with terminology. [This text is] very well organized, well sequenced, and addresses comprehensive information that beginning counselors/students need to know about.”

--*Margery Shupe, Xavier University*

## About the Author

**Samuel T. Gladding** is a professor and chair of the Department of Counseling at Wake Forest University in Winston-Salem, North Carolina. He has been a practicing counselor in both public and private community agencies. His leadership in the field of counseling includes service as president of the American Counseling Association (ACA), the Association for Counselor Education and Supervision (ACES), the Association for Specialists in Group Work (ASGW), and Chi Sigma Iota (international counseling honor society). He is also the former editor of the *Journal for Specialists in Group Work*.

In 1999, he was cited as being in the top 1 percent of contributors to the *Journal of Counseling and Development* for the 15-year period, 1978-1993. Some of Gladding's most recent books are: *The Counseling Dictionary* (2001), *Family Therapy: History, Theory, & Process* (3rd ed.) (2002), *Becoming a Counselor: The Light, the Bright, and the Serious* (2002), *Group Work: A Counseling Specialty* (4th ed.) (2003), and *Counseling: A Comprehensive Profession* (5th ed.) (2004).

Dr. Gladding is a National Certified Counselor (NCC), a Certified Clinical Mental Health Counselor (CCMHC), and a Licensed Professional Counselor (LPC) in North Carolina. He is married to the former Claire Tilison and the father of three children—Benjamin, Nathaniel, and Timothy. In his spare time, he enjoys swimming, playing tennis, writing poetry, and reading humor.

**Deborah W. Newsome** is an assistant professor in the Department of Counseling at Wake Forest University in Winston-Salem, North Carolina. She also works as an adjunct clinician at a not-for-profit counseling center, where she counsels children, adolescents, and their families. She has authored and coauthored several book chapters and journal articles and currently is secretary of the Association for Assessment in Counseling and Education (RACE). Her research interests focus on adolescents' career development, family interactions, and academic achievement.

Dr. Newsome received a Ph.D. in counseling and counselor education from the University of North Carolina at Greensboro. She is a National Certified Counselor (NCC), a Licensed Professional Counselor (LPC), and a Licensed School Counselor (LSC) in North Carolina. She and her husband, David Newsome, have two teenagers—David and Jennifer. In addition to writing, teaching, counseling, and supervising, Dr. Newsome enjoys running, reading, and playing the flute.

## Users Review

### From reader reviews:

#### Nellie Ferguson:

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