



# Understanding Human Nature

*By Alfred Adler*

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## Understanding Human Nature By Alfred Adler

This book is an attempt to acquaint the general public with the fundamentals of Individual Psychology. At the same time it is a demonstration of the practical application of these principles to the conduct of one's everyday relationships, not only to the world, and to one's fellow-men, but also to the organization of one's personal life. The book is based upon a year's lectures to an audience of hundreds of men and women of all ages and professions, at the People's Institute in Vienna. The purpose of the book is to point out how the mistaken behavior of the individual affects the harmony of our social and communal life; further, to teach the individual to recognize his own mistakes, and finally, to show him how he may effect a harmonious adjustment to the communal life. Mistakes in business or in science are costly and deplorable, but mistakes in the conduct of life are usually dangerous to life itself. To the task of illuminating man's progress toward a better understanding of human nature, this book is dedicated. [Author's Preface] Originally published in German, the work is here translated into English by Walter Béran Wolfe.

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