



# The Thousand Recipe Chinese Cookbook

By Gloria Bley Miller

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## The Thousand Recipe Chinese Cookbook By Gloria Bley Miller

An essential resource in the American kitchen and a classic for nearly four decades, this is the definitive Chinese cookbook, perfect for cooks at every level.

Here is the largest, most comprehensive Chinese cookbook ever published for the Western world. A Tastemaker Award winner, Gloria Bley Miller distills centuries of Chinese recipes and techniques into concise and easy-to-follow directions that will enable any cook to produce dishes that please the eye, delight the palate, and suit the budget.

With verve and wit, Miller tells you how to prepare everything from egg drop soup and drunken pork to sizzling rice and delicate wontons. There are 150 recipes for chicken alone, plus dozens of variations on pork dishes, vegetables, and noodles, as well as other Chinese favorites. Using Miller's recipes, ordinary meat and seafood become delicacies, while vegetables retain their color and texture. And Miller's delicious recipes are splendidly high in nutrients and low in calories.

*The Thousand Recipe Chinese Cookbook* contains everything the cook needs to know about Chinese cooking, including how to:

- Use special Chinese cooking techniques such as steaming and stir-frying
- Create unique seasonings and sauces
- Substitute hard-to-find ingredients with those available in any supermarket
- Plan menus suited to every time constraint, budget, and occasion

The classic Chinese cookbook, this is the only book you'll ever need to master one of the world's greatest and most versatile cuisines.



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## **The Thousand Recipe Chinese Cookbook** By Gloria Bley Miller Bibliography

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### Editorial Review

#### Review

Craig Claiborne *The New York Times* A labor of love...Should be treasured by anyone with a serious interest in the Chinese cuisine.

Mark Bittman *The New York Times* Stands the test of time...still the best guide to Chinese cooking for those with little or no experience.

*The Washington Post* Gives enormous amounts of information absolutely not available elsewhere. Far and away the best.

*The Wall Street Journal* This is the best and most comprehensive Chinese cookbook yet published in America.

#### About the Author

**Gloria Bley Miller** is a professional writer with a varied background in education and the fine arts. Unable to find a complete basic Chinese cookbook, she began to pursue the knowledge of Chinese cooking on her own, haunting Chinese grocery stores, eating in all kinds of Chinese restaurants both at home and abroad, comparing notes with Chinese friends, and, most important, constantly cooking and experimenting in her own kitchen. This cookbook is the result. Miller lives in New York with her husband, a sculptor.

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