



Health Psychology: A BioPsychoSocial Approach

By Richard O. Straub

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In its first edition, Richard Straub's text was acclaimed for its solid scientific approach, emphasis on critical thinking, real-world applications, exquisite anatomical art, and complete media/supplements package. The thoroughly updated new edition builds on those strengths to provide an even more effective introduction to the psychology behind why we get sick, how we stay well, how we react to illness, and how we relate to the health care system and health care providers.

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Review

'This is the most comprehensive and well-designed health psychology text I have ever seen. It has a strong research base as well as an applied focus. I can actually envision students enjoying reading the book. Not only will they learn about important topics, but they will also learn about themselves and how to be a healthier person.' - Gabriele B. Sweidel, Kutztown University 'Straub has created an interesting and informative text examining current issues in health psychology. Unlike other texts, he covers contemporary and alternative medicine, providing students with a well-rounded look at the field.' - Robin Kowalski, Western Carolina University '[Richard Straub's Health Psychology] really makes health psychology come alive by telling the story of the researchers and highlighting the practical implications of their work.' - Julie McIntyre, Russell Sage College [Richard Straub's Health Psychology] is an exciting and new way of bringing health psychology to the student. The topics are clearly presented, relevant, and appropriately discussed in terms of the bio-psycho-social model. The prominent news story inserts are all examples of competent journalism and give the student models of excellent popular press articles that unite the academic with the current cultural media, Straub's integration of the latest relevant research into the discussion of each topic was clear and accurate.' - James P. Motiff, Hope College

About the Author

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