



Hypnosis: Medicine of the Mind: A Complete Manual on Hypnosis for the Beginner, Intermediate, and Advanced Practitioner

By Michael D. Preston

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Known as the Miracle Doctor, Dr. Preston demonstrates his expertise as a hypnotherapist after years of personal experience and field research, using precise language and script-style format in a book that is both user-friendly and comprehensive, that can serve as a guide and reference for all practitioners of hypnotherapy and hypnotism and enjoyed by the lay person as well.

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Editorial Review

About the Author

Michael D. Preston, J.D., Ph.D., first became familiar with hypnosis at the 5th Army Rehabilitation Center in Sorento, Italy, while serving in the U.S. Armed Services.

In 1947, he studied psychology and hypnotherapy with Lewis R. Wolberg, M.D., a clinical professor of psychiatry and chairman of the board at New York Medical College. From there, Dr. Preston went to Chicago, then to Los Angeles, working for the Veterans Administration.

By 1960, he was made a staff member of the American College of Medical Hypnotists; conducted seminars in the U.S. and Europe with William J. Bryan, Jr., M.D., Ph.D.; wrote and edited for the "Journal of the American Institute of Hypnosis."

He then founded the Institute of Medical Hypnosis in Chicago in 1966. Later, he moved his practice to Phoenix, Arizona, and with the assistance of William McGrath, M.D., Dr. Preston used hypnosis to treat not only emotional and physical problems, but to treat the terminally ill patients by applying the theory of psychoneuroimmunology.

Presently, the author is affiliated with the National Society of Hypnotists, the International Society for Investigative and Forensic Hypnosis, the National Board for Hypnotherapy and Hypnotic Anesthesiology, and the American Association of Behavioral Therapists, the National Guild of Hypnotists, and the Center for Advancement in Cancer Education. Dr. Preston, also known as the "Miracle Doctor," has conducted seminars in over 40 cities in the United States, Canada, and England.

The author is the recipient of the President's Award from the Florida Association of Professional Hypnotists, the Pen and Quill Award from the American Academy of Medical Hypnoanalysts; the Hypnotherapy Educator Award from the National Board for Hypnotherapy and Hypnotic Anesthesiology; the Founder's Award from the National Board for Hypnotherapy and Hypnotic Anesthesiology.

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Malcolm Thurmond:

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