



The Ultimate Guide to Tarot: A Beginner's Guide to the Cards, Spreads, and Revealing the Mystery of the Tarot

By Liz Dean

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The Ultimate Guide to Tarot: A Beginner's Guide to the Cards, Spreads, and Revealing the Mystery of the Tarot By Liz Dean

Discover the facts, myth, history, and mystery of the spiritual art of Tarot-reading. Whether you want to learn to read the cards or deepen your Tarot interpretation skills, *The Ultimate Guide to Tarot* honors the deep heritage of Tarot, while guiding you through practical techniques.

Tarot expert Liz Dean offers an overview to all of the important elements of each card from symbols, to links with astrology, kabbala and numerology. *The Ultimate Guide to Tarot* also includes all the classic tarot spreads - Celtic Cross, Horseshoe, Star and Astrological Year Ahead - plus, a mini-layout to try for each of the 22 major cards.

Learn how to combine the three essential ingredients of a great tarot reading: knowing the meaning of the cards, how to lay them out, and trusting the intuitive messages the images often spark within us during a reading. This synthesis is the true magic of tarot.

With the authority and confidence this book offers, *The Ultimate Guide to Tarot* will be the must-have companion for beginner readers and tarot aficionados alike.

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- Sales Rank: #3657 in Books
- Color: red
- Brand: QUARTO PUBLISHING
- Published on: 2015-05-15
- Original language: English
- Number of items: 1
- Dimensions: 10.25" h x .63" w x 8.25" l, 1.96 pounds
- Binding: Flexibound
- 240 pages

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Editorial Review

Review

"Liz Dean is one of the world's leading tarot experts. Wherever you are on your tarot journey, her clear and knowledgeable writing will take you on in leaps and bounds." - **Sue Ricketts, Editor, Take A Break's Fate & Fortune magazine**

"*The Ultimate Guide to the Tarot* is the book for all aspiring tarot practitioners - Liz's intuitive approach will get beginners reading cards instantly, while her historical knowledge offers those who are familiar with the tarot original insights and new approaches." - **Claire Gillman, Editor, Kindred Spirit magazine**

"An inspirational and empowering approach to the tarot written by one of the best psychic tarot readers/authors around today." - **Sarah Bartlett, author of *The Tarot Bible*, *The Afterlife Bible*, *The Mythology Bible* and *Working With the Tarot*.**

"Liz is the most inspiring tarot teacher and reader I've ever met." - **Jayne Wallace, Founder, Psychic Sisters at Selfridges, London**

"Liz Dean is a prominent driving force in the tarot world and works tirelessly to promote and teach tarot through her cards and books and at International Conferences and workshops worldwide. Her knowledge on the subject is unquestionable, she is a true modern-day tarot expert. Her contribution to the tarot world has been invaluable and this book will be an asset on any tarot-lover's bookshelf." - **Kim Arnold, UK Tarot Conference**

"Liz's focus on an intuitive approach to tarot means we can naturally connect with the right hemisphere of our brain through the images on the cards. When the right hemisphere is engaged it can override the doubting logic of the left, allowing us to connect to our powerful inner knowing - a place from which we can transform our perspective and grow in confidence. If ever my students wobble, Liz's tarot decks act like stabilizers, helping them find their own balance through self-belief." - **Becky Walsh, author of *You Do Know - Learning to Act on Intuition Instantly* and TV presenter, *Becky's Life Hacks*.**

"Liz Dean's approach to the tarot is exceptional; she has a unique way of making what she sees in the cards come alive. A fascinating read." - **Billy Roberts, international medium and author of *Psychology of a Medium*, *So You Want to be Psychic?*, *The Holistic Way* and *The Angels' Book of Promises***

About the Author

Liz Dean (London, England) is a professional tarot reader at Psychic Sisters in Selfridges, London. A bestselling tarot author, she has researched and read tarot since she happened upon her first tarot deck, the Morgan Greer, in 1989; later favourite decks included The Sacred Rose, Visconti Sforza and Rider Waite tarots. Liz is the author of six tarot/divination decks and books, including *The Ultimate Guide to Tarot*, *The Ultimate Guide to Tarot Spreads*, *The Victorian Steampunk Tarot*; *Fairy Tale Fortune Cards*, *The Golden Tarot*, *The Mystery of the Tarot*, *The Love Tarot* and the bestseller *The Art of Tarot*. Liz is also one of the 'Tarot Masters' included in Kim Arnold's eponymous collection of 38 essays. Liz is particularly interested in creative empowerment in tarot - using archetypes and tarot symbols as a pathway to intuition and psychic

development, while researching the evidential origins of the earliest tarots in Renaissance Italy and their pre-occult usage. She is also a former Co-Editor of the UK's leading spiritual magazine, Kindred Spirit (2011-2013), and an award-winning poet. She lives in south London.

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Adelina Foreman:

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