



## **The Life You've Always Wanted Participant's Guide with DVD: Six Sessions on Spiritual Disciplines for Ordinary People (Zondervangroupware Small Group Edition)**

*By John Ortberg*

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**The Life You've Always Wanted Participant's Guide with DVD: Six Sessions on Spiritual Disciplines for Ordinary People (Zondervangroupware Small Group Edition)** By John Ortberg

In the six-session small group Bible study, *The Life You've Always Wanted*, John Ortberg guides you and your group through the spiritual disciplines and teaches you how they can transform your spiritual life.

What does true spiritual life really look like? And what keeps you from living it? And what can you do to pursue it?

If you're tired of the status quo – if you suspect there's more to Christianity than what you've experienced – John Ortberg invites you to join him on a road to transformation and spiritual vigor that anyone can take.

Cultivate new intimacy and confidence in prayer. Discover the freedom of secrecy. Taste the benefits of slowing life's frenetic pace. Learn how to be guided by the Holy Spirit...and much more.

As in a marathon, the secret lied not in trying hard, but in training consistently. Proven by followers of Jesus over the centuries, the spiritual disciplines are exercises that strengthen your endurance race on the road to growth.

This pack contains one softcover Participant Guide and one DVD with six video sessions. When used together, they provide you with a practical tool that can grow your faith.

Sessions include:

1. It's Morphing Time
2. Slowing Down and Celebrating
3. Praying and Confessing
4. Meditating on Scripture and Seeking Guidance
5. Practicing Servanthood, Finding Freedom

## 6. Going the Distance with a Well-Ordered Heart

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## **Editorial Review**

### **About the Author**

John Ortberg is the senior pastor of Menlo Park Presbyterian Church (MPPC) in the San Francisco Bay Area. His bestselling books include *Soul Keeping*, *Who Is This Man?*, and *If You Want to Walk on Water, You've Got to Get out of the Boat*. John teaches around the world at conferences and churches, writes articles for *Christianity Today* and *Leadership Journal*, and is on the board of the *Dallas Willard Center* and *Fuller Seminary*. He has preached sermons on Abraham Lincoln, The LEGO Movie, and The Gospel According to Les Miserables. John and his wife Nancy enjoy spending time with their three adult children, dog Baxter, and surfing the Pacific. You can follow John on twitter @johnortberg or check out the latest news/blogs on his website at [www.johnortberg.com](http://www.johnortberg.com).

Stephen and Amanda Sorenson are founders of Sorenson Communications and have co-written many small group curriculum guidebooks, including the entire Faith Lessons series.

## **Users Review**

### **From reader reviews:**

#### **Jose York:**

As people who live in the modest era should be revise about what going on or information even knowledge to make these people keep up with the era and that is always change and make progress. Some of you maybe will probably update themselves by examining books. It is a good choice in your case but the problems coming to you is you don't know which one you should start with. This The Life You've Always Wanted Participant's Guide with DVD: Six Sessions on Spiritual Disciplines for Ordinary People (Zondervangroupware Small Group Edition) is our recommendation to cause you to keep up with the world. Why, because book serves what you want and need in this era.

#### **Bess Malloy:**

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