



Brock Lesnar: The Making of a Hard-Core Legend

By Joel Rippel

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From his early days of growing up in South Dakota and wrestling in North Dakota and Minnesota as a collegian to his WWE days and current UFC dominance, this biography of Brock Lesnar present a revealing portrait of the man both in and out of the Octagon. Fans will read of his whole life story with details on how he became the youngest WWE champion ever at the age of 25, why he did not like being a professional wrestler, details behind his collegiate wrestling career, his short stint as a Minnesota Viking, the role growing up on a dairy farm played in his success, and his unprecedented comeback from the illness that threatened his career. His former and current coaches, opponents, training partners, and friends share their thoughts and experiences about this multidimensional athlete who has taken the UFC world by storm. Fans will not want to be without this book.

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Editorial Review

About the Author

Joel Rippel, who has worked for newspapers—including the *Minneapolis Star Tribune and the Orange County Register*—for nearly 30 years, is the author of four books on Minnesota sports history. He lives in Minneapolis.

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