



Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul)

By Jack Canfield, Mark Victor Hansen, Patty Aubery

Download now

Read Online ➔

Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) By

Jack Canfield, Mark Victor Hansen, Patty Aubery

Every year, millions of women wait with anticipation as they watch their test strip change from white to pink, thus beginning the awesome adventure of becoming a mother. This latest Chicken Soup book will find a place in the loving hearts and anxious minds of expectant mothers (and some fathers, too!).

↓ [Download Chicken Soup for the Expectant Mother's Soul: ...pdf](#)

📄 [Read Online Chicken Soup for the Expectant Mother's Sou ...pdf](#)

Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul)

By Jack Canfield, Mark Victor Hansen, Patty Aubery

Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) By Jack Canfield, Mark Victor Hansen, Patty Aubery

Every year, millions of women wait with anticipation as they watch their test strip change from white to pink, thus beginning the awesome adventure of becoming a mother. This latest Chicken Soup book will find a place in the loving hearts and anxious minds of expectant mothers (and some fathers, too!).

Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) By Jack Canfield, Mark Victor Hansen, Patty Aubery

Bibliography

- Sales Rank: #72415 in Books
- Brand: Unknown
- Published on: 2012-09-26
- Released on: 2012-09-26
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x 1.10" w x 5.50" l, .80 pounds
- Binding: Paperback
- 384 pages

 [Download Chicken Soup for the Expectant Mother's Soul: ...pdf](#)

 [Read Online Chicken Soup for the Expectant Mother's Sou ...pdf](#)

Download and Read Free Online Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) By Jack Canfield, Mark Victor Hansen, Patty Aubery

Editorial Review

About the Author

Jack Canfield is co-creator of the Chicken Soup for the Soul® series, which includes forty *New York Times* bestsellers, and coauthor of *The Success Principles: How to Get from Where You Are to Where You Want to Be*. He is a leader in the field of personal transformation and peak performance and is currently CEO of the Canfield Training Group and Founder and Chairman of the Board of The Foundation for Self-Esteem. An internationally renowned corporate trainer and keynote speaker, he lives in Santa Barbara, California.

Mark Victor Hansen is a co-founder of Chicken Soup for the Soul.

Excerpt. © Reprinted by permission. All rights reserved.

I'm Ready

I stared at the stick in disbelief. Two straight, pink lines. No doubt about it—I'm pregnant. Oh my God!

A mix of excitement and sheer terror washed over me. Sure, my husband and I had talked about having a baby. I just didn't think it would happen so fast. It seemed like one minute we were talking and the next, I was standing in front of the drugstore's home-pregnancy section debating whether I should buy the single- or the two-test pack.

I had a feeling—I early mother's intuition maybe? And bought just a single test. That was all I needed. We were having a baby. And I'd never even changed a diaper.

What were we thinking?

My husband, Joe, developed the baby pangs a year ago. I, on the other hand, was seized by fear. I wasn't ready. I'd look at a baby and mentally count the bottles of Pepto-Bismol the parents would consume once that bundle of joy hit those turbulent teens, or I'd calculate how much five years of college would cost. Then the baby bug bit me—and not a second too soon.

Now my body's on this wild, hormonal ride, and I have to say, sometimes I want to get off.

I'm this close to thirty years old, but my complexion is sixteen. Nausea is my constant companion. My friends even ask for upchuck updates. I never drive anywhere without an air sickness bag by my side, and I've thrown up in so many restaurant parking lots that I've thought about asking if I could just rent my dinners instead of buying them. My bladder has shrunk to the size of a lima bean, requiring me to pee exactly every thirteen minutes.

And I'm so acutely tuned in to pain—I yeah, that bodes well for an easy labor and delivery—that I swear early on, I could feel each and every cell dividing. Hypochondriacs are not good pregnant women.

More proof. When two barf-free weeks passed, I panicked. I felt so normal. I figured something had to be

wrong. Maybe I wasn't having a baby after all. Maybe it was a hysterical pregnancy. Joe assured me the only thing hysterical about this pregnancy is me.

And my maternity underwear.

I'm not sure which is scarier—having my body feel so out of control or those enormous, one-size-fits-all panties. At four months, my belly's still at that awkward is she-pregnant-or-is-that-a-beer-gut stage. My little Buddha belly is enough to keep me out of my stylish silk undies, but it's still too small for the maternity briefs. I can pull those things up over my chest.

I think I just invented combination bra and underwear. I'll call it the brunder. If I can sell that idea to Victoria's Secret, no more worries about our kiddo's college tuition. But I have to say, the most amazing transformation of all—even more than filling out that maternity underwear some day—is how neurotic I've become about this little person who isn't even born yet. It all hit when I saw the first sonogram of our baby on the monitor. That's when I really and truly realized this was our baby. Our baby. The nausea and frequent urination, all the inconveniences, well, they just melted away. They didn't matter anymore as I looked at this amazing person. Our baby.

At just eleven weeks old, our little miracle was already so perfectly formed, yet so small--just four centimeters--that Joe nicknamed the baby "Speck."

It was much too early to tell the gender, but I saw a little girl taking her first steps, walking to school, getting her driver's license, going to college, getting married, having babies of her own. Her whole life flashed before my eyes right on that screen. I thought about what a big, ugly world is waiting out there for Speck. One filled with cancer and war and junior high dances. How could I possibly protect her from all the bad, while letting her experience the good?

Yes, in that instant I realized there are much scarier things than that shapeless maternity underwear. But you know what else I realized? I'm ready.

—Kristen Cook

(c)2000. All rights reserved. Reprinted from *Chicken Soup for the Expectant Mother's Soul* by Jack Canfield, Mark Victor Hansen, Patty Aubery, Nancy Mitchell. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, without the written permission of the publisher. Publisher: Health Communications, Inc., 3201 SW 15th Street, Deerfield Beach, FL 33442.

Users Review

From reader reviews:

Adam Jones:

The book *Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers* (Chicken Soup for the Soul) gives you the sense of being enjoy for your spare time. You may

use to make your capable far more increase. Book can being your best friend when you getting pressure or having big problem with the subject. If you can make examining a book Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) being your habit, you can get more advantages, like add your own personal capable, increase your knowledge about a number of or all subjects. You can know everything if you like wide open and read a publication Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul). Kinds of book are several. It means that, science guide or encyclopedia or some others. So , how do you think about this guide?

Richard Dunn:

This Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) are usually reliable for you who want to become a successful person, why. The main reason of this Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) can be on the list of great books you must have is definitely giving you more than just simple reading food but feed you with information that maybe will shock your previous knowledge. This book will be handy, you can bring it just about everywhere and whenever your conditions both in e-book and printed versions. Beside that this Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) forcing you to have an enormous of experience like rich vocabulary, giving you trial of critical thinking that we understand it useful in your day pastime. So , let's have it and luxuriate in reading.

Robert Brown:

Reading can called imagination hangout, why? Because if you are reading a book specifically book entitled Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) your head will drift away trough every dimension, wandering in each and every aspect that maybe unidentified for but surely will become your mind friends. Imaging each word written in a e-book then become one web form conclusion and explanation which maybe you never get just before. The Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) giving you a different experience more than blown away your head but also giving you useful info for your better life on this era. So now let us show you the relaxing pattern is your body and mind will probably be pleased when you are finished reading it, like winning a casino game. Do you want to try this extraordinary wasting spare time activity?

Diana Elliott:

Your reading sixth sense will not betray you actually, why because this Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) book written by well-known writer who knows well how to make book that can be understand by anyone who have read the book. Written inside good manner for you, leaking every ideas and composing skill only for eliminate your own hunger then you still uncertainty Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) as good book but not only by the cover but also from the content. This is one publication that can break don't ascertain book by its protect, so do you still needing yet another sixth sense to pick this!? Oh come on your examining sixth

sense already told you so why you have to listening to a different sixth sense.

Download and Read Online Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) By Jack Canfield, Mark Victor Hansen, Patty Aubery #K3BIM548D6J

Read Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) By Jack Canfield, Mark Victor Hansen, Patty Aubery for online ebook

Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) By Jack Canfield, Mark Victor Hansen, Patty Aubery Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) By Jack Canfield, Mark Victor Hansen, Patty Aubery books to read online.

Online Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) By Jack Canfield, Mark Victor Hansen, Patty Aubery ebook PDF download

Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) By Jack Canfield, Mark Victor Hansen, Patty Aubery Doc

Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) By Jack Canfield, Mark Victor Hansen, Patty Aubery Mobipocket

Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) By Jack Canfield, Mark Victor Hansen, Patty Aubery EPub

K3BIM548D6J: Chicken Soup for the Expectant Mother's Soul: Stories to Inspire and Warm the Hearts of Soon-to-Be Mothers (Chicken Soup for the Soul) By Jack Canfield, Mark Victor Hansen, Patty Aubery