



# The Center of the Cyclone: An Autobiography of Inner Space

*By John C. Lilly*

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**The Center of the Cyclone: An Autobiography of Inner Space** By John C. Lilly

The Center of the Cyclone is an autobiographical work authored by famed fringe scientist and psychedelic pioneer, Dr. John C. Lilly. This is his most well known book and his first mainstream work, setting the tone for his dual career as scientist and explorer of human consciousness. In intimate detail, Lilly tells the story of how he left mainstream science to become an explorer of the "far out places" of the human mind. Using his own brain as a laboratory, and utilizing every method of consciousness alteration at his disposal --including LSD, isolation tanks, and zany new age encounter groups -- Lilly takes us on his decades-long quest to discover the true nature of consciousness and reality, overturning many of his own assumptions and those of mainstream science along the way. This 45th Anniversary edition has new Afterwords by Lilly's friends and colleagues, Lee Perry and Adam Trombly.

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