



How to Say It to Your Kids

By Dr. Paul Coleman

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The latest in the popular How to Say It series, "How To Say It To Your Kids" "offers wise comments and effective comebacks to help today's busy and beleaguered parents answer questions, encourage dialogue, explore feelings, and teach values--with ease and confidence. Dr. Paul Coleman, a family therapist and father, reveals the six fundamental approaches to talking with children. Forming the mnemonic TENDER--Teach, Empathize, Negotiate, Do's & Don'ts, Encourage, and Report--these six basic ways of communicating cover every conceivable issue of concern. Each chapter consists of practical, how-to advice based on various scenarios, "Smart Talk" sidebars--new insights to the issues important to parents, and helpful "Rules of Thumb"--short but sweet tips, such as: The best reward for a child is a responsive parent Don't respond with a tone of voice more intense than your child's If anxiety is high, it is not a time to lecture or give advice Here's the reference manual parents will want to turn to again and again as their children age and new problems, and tougher questions, emerge. Loaded with ready-to-use-information, a puzzled or frustrated parent can come away with a new idea or strategy that can be instantly applied.

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Editorial Review

From Publishers Weekly

Family therapist Coleman, author of *The 30 Secrets of Happily Married Couples* and other self-help titles, turns his attention to parenting issues with this potpourri of tips. Using the mnemonic TENDER (teach, emphasize, negotiate, dos & don'ts, encourage, and report), Coleman covers 100 topics, arranged alphabetically, starting with adoption and ending with "worried child." Each short chapter opens with an anecdote, followed by related factual information, a section on how to respond to your child on the subject, and a warning section on how not to respond. Some entries also contain boxed "Smart Talk" tips that cite current research. While some problems are specific ("estrangement from extended family" or "new step sibling") others, such as "dawdling," or "self confidence" will be useful to all parents. Coleman's approach is generally sound, but since each topic requires a unique response even while incorporating one or more aspects of the TENDER motif, readers won't detect a set pattern to follow. And while parents will benefit from Coleman's advice to speak calmly and employ the TENDER elements, the A to Z format may give too much leeway for skipping topics, causing readers to come away from this reference manual without a firm grasp on the author's method. (Oct.)

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About the Author

Paul Coleman is a psychologist, a family therapist, and a father of three grade-school children. The author of five acclaimed books, including *Getting to the Heart of the Matter* and *Life's Parachutes*, he has appeared on the Oprah and Geraldo shows, plus dozens of regional television and radio programs. He lives in Poughkeepsie, New York.

Users Review

From reader reviews:

Teresa Vanhook:

The reserve with title *How to Say It to Your Kids* includes a lot of information that you can understand it. You can get a lot of help after read this book. This specific book exist new know-how the information that exist in this guide represented the condition of the world now. That is important to you to understand how the improvement of the world. This particular book will bring you within new era of the internationalization. You can read the e-book in your smart phone, so you can read this anywhere you want.

Michael Jones:

How to Say It to Your Kids can be one of your starter books that are good idea. Most of us recommend that straight away because this reserve has good vocabulary that will increase your knowledge in terminology, easy to understand, bit entertaining but still delivering the information. The copy writer giving his/her effort to get every word into enjoyment arrangement in writing *How to Say It to Your Kids* yet doesn't forget the main level, giving the reader the hottest as well as based confirm resource information that maybe you can be certainly one of it. This great information can drawn you into brand-new stage of crucial pondering.

Nona Smith:

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Heidi Garcia:

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